

Do you receive an immunoglobulin therapy?

Helpful information for patients



What is an immunoglobulin therapy?

Immunoglobulins, also referred to as antibodies, are found in the human blood system. They are produced by cells of our immune system to protect us against infection.

If we don't have enough immunoglobulins, our body's defense mechanism will no longer work well enough, making us more susceptible to infection.

A lack of immunoglobulins can be remedied by administering additional immunoglobulins, either intravenously (through a vein) or subcutaneously (under the skin). This treatment is referred to as immunoglobulin therapy.

Whether you receive your treatment intravenously or subcutaneously, it is very important for you to always stick to your therapy schedule so that the treatment can be as effective as possible, providing you with the optimal protection against infections.

Helpful tips for the day of the infusion

The following information can help you to facilitate the treatment day:



Eat something!
Immunoglobulins should not be administered on an empty stomach.



Drink enough fluid!
At least 2 liters of water or tea.



In general, take it easy and relax.



Always document the immunoglobulin treatment in your patient diary and also make a note of any unusual events.



Bring your patient diary to every treatment session and doctor's visit.



After the infusion, make sure to check whether you are cleared to drive. There may be side effects that can impair your driving.



Avoid stress.



Do not schedule anything requiring extra exertion for the day of treatment, such as yardwork, housework, or taking a test.



Do not exercise on treatment days, and do not go swimming.



Stay out of direct sunlight.

If in the first 24 hours after treatment you notice you are not feeling well, please call the office.

Your Office Team

Stamp of doctor's office



112

In a life-threatening emergency, dial 112 to call an ambulance.

(Important: Tell them that you have received immunoglobulin treatment!)



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